

Social Emotional Learning Books for Parents

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Title	Author
<i>Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years</i>	By Laura Davis and Janis Keyser
<i>The Difficult Child</i>	By Stanley Turecki, M.D., and Leslie Tonner
<i>Easing the Teasing: Helping Your Child Cope with Name-Calling, Ridicule, and Verbal Bullying</i>	By Judy S. Freedman
<i>Emotional Intelligence: Why It Can Matter More Than IQ</i>	By Daniel Goleman
<i>Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child</i>	By Maurice J. Elias, Ph.D., Steven E. Tobias, Ph.D., and Brian S. Friedlander, Ph.D
<i>The Feelings Book: The Care & Keeping of Your Emotions (American Girl)</i>	By Dr. Lynda Madison
<i>Getting Past No: Negotiating Your Way from Confrontation to Cooperation</i>	By William Ury
<i>Getting to Yes: Negotiating Agreement Without Giving In</i>	By Roger Fisher, Bruce Patton, and William Ury
<i>The Heart of Parenting: Raising an Emotionally Intelligent Child</i>	By John Gottman, Ph.D., and Joan Declaire
<i>Homework Without Tears: A Parent's Guide for Motivating Children to Do Homework and to Succeed in School</i>	By Lee Canter and Lee Hausner, Ph.D
<i>How to Talk So Kids Will Listen and Listen So Kids Will Talk</i>	By Adele Faber and Elaine Mazlish
<i>The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3–8</i>	By Carolyn Webster-Stratton, Ph.D
<i>Kid Cooperation: How to Stop Yelling, Nagging and Pleading and Get Kids to Cooperate</i>	By Elizabeth Pantley
<i>Kids Can Cooperate: A Practical Guide to Teaching Problem Solving</i>	By Elizabeth Crary
<i>Learning Together and Alone: Cooperative, Competitive, and Individualistic Learning</i>	By David W. Johnson and Roger T. Johnson
<i>Late, Lost, and Unprepared: A Parent's Guide to Helping Children with Executive Functioning</i>	By Joyce Cooper-Kahn, Ph.D., and Laurie Dietzel, Ph.D
<i>1-2-3 Magic: Effective Discipline for Children 2–12</i>	By Thomas W. Phelan, Ph.D
<i>Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity, and Healthy Emotions from Birth Through Adolescence</i>	By Marian Diamond, Ph.D., and Janet Hopson
<i>The Mindful Child: How to Help Your Kid Manage Stress and Become Happier, Kinder, and More Compassionate</i>	By S. K. Greenland
<i>The Moral Judgment of the Child</i>	By Jean Piaget
<i>Odd Girl Out: The Hidden Culture of Aggression in Girls</i>	By Rachel Simmons
<i>The Optimistic Child</i>	By Martin E. P. Seligman, Ph.D.
<i>A Parent's Guide to Building Resilience in Children and Teens: Giving Your Child Roots and Wings (American Academy of Pediatrics)</i>	By Kenneth R. Ginsburg, M.D
<i>Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds</i>	By Rex Forehand, Ph.D., and Nicholas Long, Ph.D.
<i>Parenting Your Anxious Child with Mindfulness and Acceptance: A Powerful New Approach to Overcoming Fear, Panic, and Worry Using Acceptance and Commitment Therapy</i>	By Christopher McCurry, Ph.D.
<i>The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About Our Kids</i>	By Barbara Strauch
<i>Raising a Thinking Child: Help Your Young Child to Resolve Everyday Conflicts and Get Along with Others</i>	By Myrna B. Shure, Ph.D., and Theresa Foy DiGeronimo
<i>Raising an Emotionally Intelligent Child: The Heart of Parenting</i>	By John Gottman, Ph.D., and Joan Declaire

<i>Raising Children in a Socially Toxic Environment</i>	By James Garbarino
<i>Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks for Developing Capable Young People</i>	By H. Stephen Glenn, Ph.D., and Jane Nelsen
<i>Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic</i>	By Mary Sheedy Kurcinka
<i>The Shelter of Each Other: Rebuilding Our Families to Enrich Our Lives</i>	By Mary Pipher, Ph.D.
<i>Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too</i>	By Adele Faber and Elaine Mazlish
<i>Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts</i>	By David C. Hall, M.D.
<i>The Unwritten Rules of Friendship: Simple Strategies to Help Your Child Make Friends</i>	By Natalie Madorsky Elman, Ph.D., and Eileen Kennedy-Moore, Ph.D.