

# REGISTERING FOR HIGH SCHOOL

Calling all 8th grade students & parents

## MARK YOUR CALENDARS

By last name:

- A-B March 5th @ 6:00pm
- C-D March 5th @ 7:30pm
- E-G March 6th @ 6:00pm
- H-J March 6th @ 7:30pm
- K-L March 7th @ 6:00pm
- M March 7th @ 7:30pm
- N-R March 12th @ 6:00pm
- S March 12th @ 7:30pm
- T-V March 13th @ 6:00pm
- W-Z March 13th @ 7:30pm



Here are some resources for you to access to guide these conversations...

[Issaquah Main website](#)

[Issaquah Counseling website](#)

Other interesting things to think about (see sources below):

"the ability to attend to a task and stick to long-term goals is the greatest predictor of success, greater than academic achievement, extracurricular involvement, test scores, and IQ."(Lahey)

"There is a double-edged sword. We want kids to challenge themselves, but not at the expense of their mental well-being."(Shimer)

"In order to help children make the most of their education, parents must begin to relinquish control and focus on three goals: embracing opportunities to fail, finding ways to learn from that failure, and creating positive home-school relationships" (Lahey)

"A sense of purpose is essential for achieving happiness and satisfaction in life... What is shaping the way we dream? Yes we dream of our selves, of what we will become, but it's the environment that tells us what is possible. I don't think our dreams are limitless; they are bounded by the society we live in and its conception of what is respectable and good." (Lythcott-Haims)

## Details:

**Who:** 8th graders & their parent/guardian TOGETHER

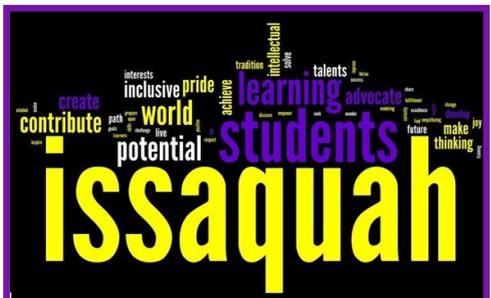
**What:** Register for high school courses & begin an ongoing conversation about whole child education and post high school goals

**Where:** Issaquah High Library

**When:** Date/time depends on student's last name alpha

**Why:** We are moving to small group, workshop style registration in order to:

- ⇒ Personalize the registration experience
- ⇒ Make Q/A more accessible
- ⇒ Introduce high school and beyond planning as a collaborative effort
- ⇒ Be transparent about how course selection is one piece of a greater conversation about stress, self awareness, goal setting and much more!



**Mission:** Issaquah High School prepares students to fly when they leave the nest by inspiring students to reach their full potential and become lifelong learners who positively impact the world and community in which they live.

**WELCOME to the nest!**

## Resources

- ◇ ["Yale's Most Popular Class Ever: Happiness"](#) by David Shimer
- ◇ [The Gift of Failure](#) by Jessica Lahey
- ◇ [How to Raise An Adult](#) by Julie Lythcott-Haims
- ◇ ["More 'Caring' College Admissions: 5 Tips for Parents"](#) from the Making Caring Common Project